

COMMENTS ON SOME OF THE SUGGESTED DETOX FROM NANO ROUTINES – AND HOW THEY CAN / CAN NOT BE SAFELY APPLIED TO CATS AND DOGS

There are many protocols circulating on how humans can detox themselves from both nano-technology and spike proteins given the current mass vaccinations of humans that are being implemented across the globe.

There are many helpful suggestions being made. As a human, we can decide for ourselves what substances to take, in what dose etc. and can observe and feel how we feel these are affecting us. Dosing animals, however, gives a very different challenge. Not only do they often not have a choice, are not able to give feedback on how these are making them feel, and in some instances things that may be safe (at suggested doses) for humans are not safe for animals.

Below is a table showing tow of the popular protocols circulating, with some comments on how safe these are for cats and dogs. We hope you find this useful.

You will notice that I often say 'by self-selection only'. This refers to the practice of applied Zoopharmacognosy, where we facilitate animals using their innate ability to self-medicate. This should only be undertaken if you are trained and confident in allowing animals to self-medicate. You will find some Introductory courses on my www.catherineedwardsacademy.com website, as well as some very useful nutrition courses. To see interviews that I cannot put on YouTube, such as with Dr Andreas Kalcker, please see <https://catherineedwards.life/>

Here are all my links

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THE VIBRANT ANIMAL TEAM

1. from Daniëlle (Danielle Stotijn)]

How to Remove Chemtrail Toxicity/Nanotechnology from your body:

HUMAN Protocol	Cats & Dogs
<p>1. Put a pinch of high vibe, nutritional sea salt, Redmond's real salt, bamboo salt, programmed with love, holding the intention of blocking nano proliferation, commanding the unbinding and the purging through faeces and urine all nano particulates safely, without harm to your physiology, on your food and in your drinking water daily, each meal, each glass of water. Most important thing you can do!</p>	<p>Everyone's interpretation of 'high vibe nutritional sea salt will vary – caution as some salts are not suitable for animals. Suggest NEVER add salt to your pets food or water – put a SEPARATE bowl of water with a pinch of sea salt in it so your pet can CHOOSE whether it wants to drink it. Ensure fresh water is always available so they have choice.</p>

<p>2. Drink 1 ounce of apple cider vinegar in 1 cup of water, 3 times a day. If that's too strong, make two cups of water. – for pets only via self-selection</p>	<p>No – as above can add some apple cider vinegar to a separate water bowl so your cats can choose but never force this on your pet.</p>
<p>3. Take 1/4 tsp of food grade aluminium free baking soda three times a day in freshly squeezed lemon water.</p>	<p>NEVER give this to pets – can be very dangerous especially to Cats.</p>
<p>4. Take boron supplements as directed.</p>	<p>No experience of this so do not use as should get adequate boron if fed a healthy balanced diet.</p>
<p>5. Take Activated Charcoal two to three times daily with plenty of water. It's a binder and it constipates.</p>	<p>YES FOR PETS BUT not suitable for long term use, can cause leaching on minerals from the body. Only use when an active health concern / exposure to a hazard and research safe dose for the size of your animal.</p>
<p>6. Liquid Zeolite to pull heavy metals.</p>	<p>For Pets I prefer Ion Biome / Ion Gut or Biome Medic (Purium)/ Gut harmony (Platinum Health)</p>

	See https://catherinedwards.life/health-products/ for discount codes
7. Take L Glutathione. Be gentle starting this for immune compromised folks. If you can't tolerate orally, take a capsule and insert vaginally or anally to let the amino acid get into your system and liver gently.	L Glutathione is destroyed in the intestinal tract so doesn't reach the blood stream. Has to be produced by the liver so NO benefit supplementing pets with this.
8. Foods high in natural L Glutathione is asparagus and globe artichokes. Bon appetite!	Very heat sensitive so need to be raw. Might bind the free radicals in the digestive tract but can't work at a cellular level. Fine for short term use in dogs, unlikely cats will eat them.
9. Golden Paste: Make and take golden paste three times a day. Google recipe. Make up. You can freeze extra. Great for inflammation, pain and so much more.	Great for dogs, cats may take this via self-selection
10. Golden Milk: Add golden paste to coconut milk, goat milk, raw cow milk, almond milk made at home. Add cinnamon, clove, cardamom, cayenne, whatever else you desire. Drink before	NO cow's milk for cats – generally no as some herbs not safe. Stick to the Golden paste above

<p>bed. Inflammation buster. Mucous buster.</p>	
<p>11. D3 with K2 daily.</p>	<p>Yes D3 can be great for cats and dogs when stressed. Do not need K2 as dogs and cats do not need this supplemented. Be sure you check ingredients for all supplements as artificial sweeteners can be lethal to pets.</p>
<p>12. Bentonite clay, take orally to extract toxins from bowels.</p>	<p>Yes, safe for pets, but for Pets I prefer Ion Biome / Ion Gut or Biome Medic (Purium)/ Gut harmony (Platinum Health)</p> <p>See https://catherineedwards.life/health-products/ for discount codes</p>
<p>13. Take chlorophyll. Chlorella is now very contaminated as is spirulina. Chlorophyll is cleaner.</p>	<p>Yes, High oxygen chlorophyll is more efficient if has fibre with it (advantage of chlorella) – Dr Robert O Young has a very good one. Generally safe for pets</p>
<p>14. Take diatomaceous earth but start slow for weakened bodies especially people riddled with candida. A dusting on the pinky to make sure you can tolerate it. Depends better option humic / fulvic. Low carb</p>	<p>For Pets I prefer Ion Biome / Ion Gut or Biome Medic (Purium)/ Gut harmony (Platinum Health)</p> <p>See https://catherineedwards.life/health-products/ for discount codes Concern long term may be abrasive on gut membrane</p>

<p>food will eliminate candida</p>	<p>Concern over abrasive nature of DE so caution with long term use internally.</p>
<p>15. Take oregano oil daily.</p>	<p>NO. Oregano can cause liver and kidney damage in cats. Only ever offer to dogs via inhalation via self-selection never in food.</p>
<p>16. Take oil of cilantro.</p>	<p>Can add fresh or dried herb to food. Essential Oil only to be offered for inhalation via self-selection.</p>
<p>17. Use Manuka honey daily.</p>	<p>Yes safe for cats & dogs</p>
<p>18. Put 2-4 drops of 35% food grade hydrogen peroxide in 1 litre of water and drink. This oxygenates the blood killing pathogens.</p>	<p>No, can be dangerous. Prefer proper dose of CDS (Chlorine dioxide solution)</p>
<p>19. Take a high grade magnesium or use magnesium oil transdermally. minerals long term not good. Use when needed</p>	<p>What is 'high grade magnesium'? Through skin absorption if animal will tolerate a bath in Epsom Salts, do not use in an oil carrier for pets with fur. Long term use of Inorganic minerals not advised but can use when needed</p>

20. Take a high grade trace mineral daily.	Again, this is very unspecific – Zn, Cu, Se, Bo, Cr – should get from food – would not supplement – organic liver is a good source for dogs / cats
21. Use Illumodine Iodine and Nascent Iodine. Suggested dose is 3-5 drops in 16oz of water, after 7 days this dosage can be safely doubled to 6-10 drops per 16oz of water. Seaweed is a better source e.g., Dulse, sugar kelp, bladderwack	Seaweed is a better / safer source e.g., Dulse, sugar kelp, bladderwack
22. Essiac Tea treats cancer, fungi, heavy metals, toxicity	Under supervision of a Practitioner only when required. Generally, prefer CDS. See https://catherineedwards.life/health-products/
23. Liquid Silica removes all sorts of pathogens from the body	Yes - can be helpful and can be used homoeopathically

24. Tea tree oil, 1 drop in manuka honey	NO – never add any essential oil to food or water. Only offer for inhalation via self-selection if competent to do so.
25. Structured Silver in Suspension. Suggested dose is 2-3 drops per 1 litre of water, 2 times per day.	Yes, safe for pets BUT only when needed – not recommended for long term use as cannot be excreted from the body.
26. Take MMS	YES But I personally prefer CDS at correct dosages for pets see Introductory course https://catherineedwards.life/product/basic-introductory-course-on-chlorine-dioxide/
27. Take Fulvic Acids	Yes see In Biome / Ion Gut or Gut Harmony (Platinum Health) / Biome Medic (Purium) See https://catherineedwards.life/health-products/
28. Use colloidal silver especially nasal spray.	Yes, safe for pets BUT only when needed – not recommended for long term use as cannot be excreted from the body.
29. CBD oil, high organic grade	YES safe for cats and dogs.

<p>30. Take food grade vitamin C daily. Tapioca is a great one from Pure Formulas.</p>	<p>Pets can take Vit C but normally a healthy diet is sufficient. The best form for pets is bilberries (wild blueberries, acai berries, rosehips, nettles etc i.e., in a natural form., Do not give powdered Vit C to pets.</p>
<p>31. Eat plenty of oranges, grapefruits, lemons and limes. Take the peels of any and all of the above. Dry. Grind in a coffee grinder with no coffee residue in it until powder. Put in a jar. There is your perfect Vitamin C. NOT FOR DOGS / CATS BUT CAN OFFER CITRUS ESSENTIAL OILS VA SELF-SELECTION</p>	<p>Not suitable for dogs and cats BUT you can, if competent, offer citrus essential oils for self-selection via inhalation.</p>
<p>32. Water cleanse for 3 days. Just lemon in water or apple cider vinegar in water only for three days with trace minerals.</p>	<p>Never fast a cat – it is dangerous. Dogs, when healthy, can safely fast 1 day per week. See these courses for full information</p> <p>https://catherineedwardsacademy.com/p/an-introduction-to-home-prepared-raw-cooked-food-for-your-dogs-online-course</p> <p>https://catherineedwardsacademy.com/p/an-introduction-to-home-prepared-raw-cooked-food-for-your-cats-online-course1</p>

<p>33. Eat tons of sunchoke artichokes, organic. Wash. Grate. Add in freshly squeezed lemon juice and put in fridge, raw. Balances blood sugar levels and pulls radiation especially in this raw, pre-digested way. Eat at least 1 TBS before your meal or a small bowl between meals.</p>	<p>Ok for occasional use without the lemon. See above nutrition courses.</p>
<p>34. Eat beets. Wash. Grate. Add lemon freshly squeezed. Refrigerate. Put on salads. On the side of food. In between meals. This heals everything especially the blood, liver, gallbladder so you can detox. FOR DOGS BEETROOT CAN BE PART OF A BALANCED DIET SEE DOG NUTRITION COURSE – for cats too much fibre</p>	<p>For dogs, beetroot is a healthy fibre source and full of nutrients. Not suitable for regular use with cats as too high in fibre. Refer to above nutrition courses.</p>

<p>35. Eat one to two raw clove of garlic daily. Eat whole. Do NOT chew. Let it dissolve in your stomach slowly. If you must cut to swallow, cut, let it rest 1 minute. Drink down.</p>	<p>Not advised for cats and dogs, as some are very sensitive to garlic. Much safer options available.</p>
<p>36. Use cayenne on everything. I put on most foods. It cleans liver and bowels. Habenara too.</p>	<p>Not suitable for pets.</p>
<p>DETOX AND CLEANSE OUT MRNA AND LIPID NANOPARTICLES AND SPIKE PROTEINS JUNE 22, 2021 DAVID AVOCADO WOLFE'S INFORMATION ON DETOXING OUT THE SPIKE PROTEINS</p> <p>Summary of the Spike Protein Protocol bit.ly/SpikeProtein</p> <p>This is the updated protocol to protect those who've been injected with the quackccine(s) and the same protocol is useful to protect those concerned with the spike protein shedding coming off those who've been injected. So if you know someone who has been injected and requires help, please provide them with this protocol.</p> <p>This is the Nutrition Protocol to Prevent Damage from Spike Protein and Derivatives due to Injection and to Protect from Spike Protein Shedding:</p>	
<p>Zinc (30-80mg per day depending on immunological pressure)</p>	<p>For pets do not supplement with zinc, get zinc from food otherwise disrupts cu / zn balance so get from liver organic,</p>

Vitamin D3*.	Yes, safe to give to pets when needed
Lypospheric Vitamin C (30ml, twice daily)*. When needed any vit c in a liposome is because not absorbable at a cellular level – stays in plasma for too long. Prefer to give parsley, blueberries, acai berries. Do not give vit c powers	Safer / Prefer to give parsley, blueberries, acai berries., nettles, rosehips etc. Do not give vit C powers to pets
Quercetin (500-1000 mg, twice daily) – broccoli, apple, blueberries	Cat give dogs in natural form from organic – broccoli, apple, blueberries. Cats small amount of these. See Nutrition courses above.
Iodine* from seaweed as part of a balanced diet	For pets much safer to give from natural from seaweed as part of a balanced diet
PQQ*	Not aware of how safe this is for pets. Investigate carefully before giving
Pine Needle Tea for shikimic acid or shikimate (from green edible pine needles) There are toxic pine needles, be careful! When drinking pine needle tea, drink the oil/resin that accumulates too! Shikimate, shikimic acid	Do not administer pine needle tea to pets – can offer in a Separate bowl for self-selection or, for those trained to do so, offer pine needle essential oil for inhalation via self-selection.

<p>and their derivatives possess: cancer fighting, antiviral, antimicrobial, anticoagulant and antithrombotic properties</p>	
<p>Fennel and/or Star Anise Tea: These are also an excellent source of shikimate or shikimic acid (which is known to neutralize the spike protein)</p>	<p>Do not administer either tea to pets – can offer in a Separate bowl for self-selection or, for those trained to do so, offer fennel essential oil for inhalation via self-selection.</p>
<p>C60 (1-3 droppers full per day): One of the issues we are seeing with those who have been injected is disturbances in their energetic field (magnetism) and hot spots of inflammation. C60 is a rich-source of electrons and acts like a fire extinguisher to inflammation and simultaneously (because it bio-distributes throughout the body) drives a normalization of electron flow throughout the body. In this category, we offer two products, the traditional C60</p>	<p>For pets not advised - use activated charcoal when needed</p>

<p>product* is made by yours truly and the C60 SuperConcentrate* is made by a carbon scientist friend of mine and contains a higher concentration of electrons.- not needed – use charcoal when needed</p>	
<p>Charcoal (2-4 capsules a day): Charcoal is the pre-eminent detoxifier and when taken on an empty stomach, works its way down into the intestines and activates a blood purification process known as “interstitial dialysis”. Our Kohlbitr* product is the premier activated coconut charcoal in the world and we also now offer the more gentle birch charcoal.*</p>	<p>Suitable for pets when needed – not advised for long term use.</p>
<p>Citrus fruit (especially blood oranges, due to their high hesperidin content – hesperidin is a chalcone like quercetin</p>	<p>For pets use wheatgrass – excellent for them. Often they like it mixed into a paste with water. Peppermint ???</p>

<p>that deactivates spike protein) Peppermint (very high in hesperidin) Wheatgrass and Wheatgrass Juice (blades are high in shikimate)</p>	
<p>Superherbs to help disable spike protein - Schizandra Berry* (high in shikimate)</p>	<p>Yes – see nutrition courses to see which are safe for pets</p>
<p>Triphala formulations: In Sanskrit, the word Triphala means “three fruits”: a combination of Indian gooseberry (<i>Emblica officinalis</i>), black myrobalan (<i>Terminalia chebula</i>) and belleric myrobalan (<i>Terminalia belerica</i>). The terminalia fruits are rich in shikimate.</p>	<p>Yes – suitable for pets</p>
<p>St. John’s Wort (shikimate is found throughout the entire plant and in the flowers)</p>	<p>With caution - – affects dosages of medication and can cause photosensitivity. Safer to use in homeopathic form with pets.</p>

<p>Comfrey Leaf (rich in shikimate)</p> <p>Feverfew (leaves and flowers are rich in shikimate)</p> <p>Gingko Biloba Leaf (rich in shikimate)</p> <p>GiantHyssop or Horsemint (Agastache urtifolia) (rich in shikimate)</p> <p>LiquidAmbar (Sweet Gum tree) A tea of the spiky seed pods is rich in shikimate.</p>	<p>Safer options available unless trained to use these via self-selection. Suggest CDS (Chlorine Dioxide Solution)</p>
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Remember the following:

1. Healthy species appropriate nutrition
2. Fresh air!
3. Stress management
4. Appropriate exercise
5. You can overdose on some of the above – so please do your research on dosages
6. To learn more, see the courses on <https://catherinedwardsacademy.com/>

*Indicates products found in one place here: bit.ly/SpikeProtein

Most not needed – keep your pets healthy naturally

Keep it simple

Can have too much of a good things!!!